

Member Name	Work	Home	Cell	Classification
-------------	------	------	------	----------------

Bill Bilyeu	972-548-4698	214-686-1329	214-686-1329	Collin Co. Admin
Jeff Caserotti	972-548-1199	972-562-7249	214-850-4841	Auto Insurance
Trevor Castilla	972-569-9193	972-529-6534	469-371-5409	Civil Engineer
Donas Cole	972-548-5482	972-562-0838	903-348-3300	Hospital Admin
Weldon Copeland	972-548-3811	972-562-0838		Judge – Probate
Ronald Danforth	972-562-4112	972-562-9790	469-233-3871	Atty – Crim. Law
Phyllis Davis			972-658-5800	Real Estate Broker
Kris Falvo	972-529-2559	214-548-4928	214733-9558	YMCA Exec Director
Tom Flood	214-232-9508	214-232-9508	214-232-9508	Real Estate Broker
Lyle Froese	972-523-8350	972-569-8843	972-523-8350	Ed Admin
Sandi Froese	903-815-4779	972-569-8843	903-815-4779	Ed Admin
Jim Gilmore	972-562-6950	214-544-1361	972-529-8503	Residential Ins
Matt Hilton	214-632-1020	214-632-1020	214-632-1020	Real Estate Mgt
Eric Holt	972-542-4359	972-800-7552	972-800-7552	Financial Advisor
George Kadera		972-562-3219		Human Resources – Ret.
Stacey Kemp	972-548-4136	972-837-2534	214-356-4808	Cnty Govt. Admin
Tim Kocsis	972-547-6404	972-838-1808	972-670-3850	Comp. Programmer
Chuck Koehler	972-744-2420	972-529-1110		Financial Mgmt
Mark Lowe	972-540-2152	972-377-6688	214-870-5959	Trust Officer
Brian Loughmiller	972-529-5554	972-529-9030	214-924-6900	Atty – Family Law
Ed Miles		972-540-1541	214-673-5284	Psychologist
Steve Mitas	972-547-6404	972-838-1807	972-670-1197	Comp. Software
Zan Moltz	972-516-4359	214-726-0599		Atty – Const Law
Bryan Northington	972-569-0170	972-547-4958	469-569-6814	Auto Collision Mgr.
Tom Parker	972-540-2180	972-540-2180	972-824-8661	Ed. Admin – Pers.
Jim Pearson	972-562-9787	214-533-2787	214-533-2787	Real Estate App.
Juli Smith	972-562-6996	972-562-1866	972-658-9977	Non-Profit
Bill Smith	972-838-1313	972-569-8811	985-774-4048	Financial
Gary Taylor	972-548-5140	972-984-1052	972-984-0661	Groc. Store Mgmt
Linda Terry	972-542-5561	972-548-0091	469-450-4100	Fire & Casualty Ins
Nathan White	972-979-9204	972-562-6445	972-979-9204	Judiciary
Connie Yeager	972-529-1351	972-529-1351	214-693-2510	Health Ins. – Ret.
Paul Yeager	972-529-1351	972-529-1351	214-695-0074	City Council – Ret.
Pamela Zeigler-Petty	972-398-4027	972-540-5383		Bank Mgt – Bus. Banking

**Honorary Member**

Mary Lou Lee 972-529-1778 972-529-1778 214-733-2084 Printing – Ret. - Honorary

*Note: Please notify Jim Pearson if there is a change in your phone number or e-mail address. Thank you  
Having your number here makes it a public record, please notify Gary if you prefer not to have it listed here.*



# Sunrise Sentinel

February 4, 2009

## Officers and Directors 2008 – 2009

President	Pamela Zeigler-Petty
President Elect	Nathan White
Secretary	Jim Pearson
Secretary Emeritus	Mary Lou Lee
Treasurer	Weldon Copeland
Vice President, Fund Raising	Chuck Koehler & Jeff Caserotti
Club Service Director	Eric Holt
Vocational Service Director	Gary Taylor
Community Service Director	Stacey Kemp
International Service Director	Donas Cole
Rotary Foundation Chair	Steven "Steve" Mitas
Sunrise Sentinel Editor	Gary Taylor
Sergeant-at-Arms	Lyle Froese

## Past Presidents

2007-08.....	Bill Bilyeu
2006-07.....	Tom Parker
2005-06.....	K. Lyle Froese
2004-05.....	Timothy Kocsis
2003-04.....	Scott Dillashaw
2002-03.....	Linda Paluga
2001-02.....	Steven Mitas
2000-01.....	Jeff Caserotti
1999-00.....	Larry Offerdahl
1998-99.....	Chuck Koehler
1997-98.....	Frank Shushok
1996-97.....	Pat Beaman
1995-96.....	Linda Terry
1994-95.....	Paul Yeager
1993-94.....	Bob Flinchbaugh
1992-93.....	Tom Healy

## Rotary District 5810

District Governor.....	L. B. Showalter, Plano
District Governor Elect.....	Dave McSpadden, Waxahachie
District Governor Nominee.....	Linda Elliot, Grand Prairie

## Rotary International

President.....	Dong Kurn Lee, Seoul, South Korea
----------------	-----------------------------------

## Club Meeting Time and Location

07:30 Wednesday Morning  
Eldorado Country Club  
McKinney, TX

## Today's Program

Sponsored by Chuck Koehler

## Janet White



Author of  
"Secrets of the Hidden Job Market"

- The Four Way Test  
of the things we think say or do....
1. Is It the Truth
  2. Is It Fair to All Concerned
  3. Will it Build Goodwill and better Friendships
  4. Will it be Beneficial to all Concerned

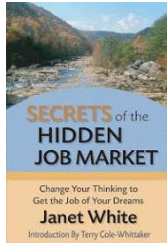


**Rotary Club of McKinney Sunrise, District 5810**  
Club Number 28762, Chartered May 22, 1992  
P.O. Box 2244, McKinney, Texas, 75070



---

## Janet White – Anything You Want, You Got It



You can have anything you want, and Janet White knows it because she can have anything she wants too. For 35 years, Janet has gotten every job she ever wanted, and it didn't matter if she didn't have the qualifications, didn't have connections, how big the company was, how big the competition was, what was happening in the economy, or anything like that.

During her diverse career, Janet has worked in journalism at Newsday and in broadcast production at WABC. She spent 18 years in commercial real state, 12 of those years as a commercial real estate writer and publicist in New York and

Dallas.

In 1996, Janet left commercial real estate for durable medical equipment sales, and she is now National Sales Director for GTL Supply Solutions, an Allen-based distributor of medical equipment to public and private healthcare facilities nationwide.

Janet is the author of the world's first manual for using the Law of Attraction in *job-finding*, "Secrets of the Hidden Job Market: Change Your Thinking to Get the Job of Your Dreams." Today, Janet is going to teach us how to use the Law of Attraction in any area of our lives.

**Having trouble getting with your business? Health? Relationships? Money?**

**It could be your *thinking* that's the problem**

McKinney Sunrise Rotary Club presents:

**"Anything You Want, You Got It!"**

A Primer on Using the Law of Attraction ("The Secret")

You will learn:

- What the Law of Attraction is and how it works.
- Why it's so important to think positively.
- How to shift your thinking away from what you don't want and keep it on what you do want.
- That when you change your thinking, you change your life.

---

## The Harlem All Stars are coming

On Feb 21<sup>st</sup>, the Harlem All Stars will be in town to play some of our local "All Stars" in a basketball game benefiting the Downtown Rotary Club. Our own Brian Loughmiller will be showing off his remarkable basketball skills in the game. The game will be at McKinney High School, Feb 21<sup>st</sup>, at 7:00 PM.

Ticket Prices will be \$10.00 and \$5.00 and Jim Orr will be at our meeting this week to give us all the details.

---

## Heads Up! Programs and Events

Feb 18-----Angie Hoquang – Sponsored by Eric Holt

Feb 25-----Jeff Caserotti

Mar 4-----Tom Parker

Mar 11-----Juli Smith

Mar 18-----Ronald Danforth

Mar 25-----Club Assembly – Assemble Flag Letters/Invoices

---

## Today's Thoughts in Honor of ....

### Valentines Day – February 14

"Accept the things to which fate binds you, and love the people with whom fate brings you together, but do so with all your heart."

- **Marcus Aelius Aurelius (121 – 180)**

"The sea rises, the light fails, lovers cling to each other, and children cling to us. The moment we cease to hold each other, the moment we break faith with one another, the sea engulfs us and the light goes out."

- **James Arthur Baldwin (1924 – 1987)**

### Do a Grouch a Favor Day – February 16

"Holding on to anger is like grasping a hot coal with the intent of throwing it at someone else; you are the one who gets burned."

- **Buddha (563 BC – 483 BC)**

---

Thirteen

I was walking past the mental hospital the other day, and all the patients were shouting, "13...13....13...13."

The fence was too high to see over, but I saw a little gap in the planks and looked through to see what was going on.

Some jerk then poked me in the eye with a stick.

Then they all started shouting, "14...14...14...14."

## Area Meeting Makeup Locations

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>11:45</b> Farmers Branch Rotary Club, Brookhaven Country Club 3333 Golfing Green Dr.</p> <p><b>Noon</b> Richardson Rotary Club Canyon Creek Country Club 625 Lookout Drive</p>	<p><b>7 AM</b> Frisco Sunrise Rotary Club Embassy Suites, Gaylord &amp; Parkwood</p> <p><b>Noon</b> Farmersville Rotary Club O.E. Carlisle Civic Center 201 Orange St. @ Hill Street</p> <p><b>Noon</b> Plano West Rotary Club Southfork Hotel @ 1600 N. Central Expressway</p>	<p><b>Noon</b> Allen Rotary Club Municipal Court/Parks &amp; Recreation Office Building (SE corner of McDermott Drive &amp; Century Parkway)</p> <p><b>Noon</b> Plano Metro Rotary Club Glen Eagles Country Club 5401 W. Park Blvd.</p> <p><b>Noon</b> Prestonwood Rotary Club Prestonwood Country Club 15909 Preston Rd., Dallas</p> <p><b>Noon</b> Richardson East Rotary Club Canyon Creek Country Club 625 Lookout Drive.</p>	<p><b>Noon</b> Frisco Rotary Club Dallas Baptist Univ. at Frisco 3211 Internet Blvd.</p> <p><b>Noon</b> Hurricane Creek Rotary Club Hurricane Creek Country Club 1800 Fairway Lane, Anna</p> <p><b>Noon</b> Plano Rotary Club Southfork Hotel 1600 N. Central Expressway</p>	<p><b>7 AM</b> Plano Sunrise Rotary Club Tino's Two Restaurant 2205 Avenue K</p> <p><b>Noon</b> McKinney Rotary Club Ricks Chop House 107 N. Kentucky St.</p> <p><b>Noon</b> Richardson Central Rotary Club Hyatt Hotel 701 E. Campbell</p> <p><b>Noon</b> Park Cities Rotary Club Maggiano's Little Italy 205 North Park Center, Dallas</p>
<p><b>Online Makeup</b> <a href="http://www.rotaryclubone.org">www.rotaryclubone.org</a></p>				
<p>Edited 04/01/08</p>				

## Memorial fund set up for shooting victims

Golfers did a double take when they saw golf balls falling from the sky above the driving range at Biltmore Golf Course in Coral Gables, Florida, USA, on 31 October.

A helicopter dropped the balls, 1,820 in all, from 100 feet above a golf pin in the middle of the range as part of a fundraiser to support Rotary's US\$200 Million Challenge.

Rotarians in District 6990 (Bahamas; Florida) paid \$25 for raffle tickets that corresponded to the numbered golf balls. Winners were determined by matching the numbers on the balls closest to the pin with the numbers on the tickets.

"The first-prize winner received a trip for two to Argentina donated by a Rotarian, the second-prize winner received a Cartier watch, and the third-prize winner received a weekend stay and

brunch at a local Hyatt Regency," says Noelle Galperin, District 6990 PolioPlus Subcommittee chair.

The effort netted \$45,000 for the district's 2008-09 commitment of \$50,000 to Rotary's challenge. It was one of many creative fundraisers undertaken by clubs and districts in recent months. Others include:

- RI Director Gordon McNally celebrated New Year's Day by diving into the icy waters of the River Forth in South Queensferry, near Edinburgh, Scotland, for Rotary's challenge. More than 500 participants joined him in the plunge, raising over US\$6,000 to help end polio.
- "Realizing my marathon-running or skydiving days are probably behind me, I decided to take part in the appropriately named annual Loony Dook-sponsored swim which takes place each year in our hometown," McNally says. "Every dollar will make a difference and mean Rotary can meet the challenge and finish eradicating polio from the face of the earth."
- Cars in at least five countries are sporting End Polio Now magnets in a project initiated by the Rotary Club of Washago and Area-Centennial, Ontario, Canada. The magnets cost C\$2 (US\$1.60) each, with free shipping anywhere in North America. The club has raised more than US\$1,115 for Rotary's challenge as of 21 January.

"Originally, we wanted to sell one car magnet to every Rotarian in Canada, but the idea is really catching on, and we have received orders from Rotary clubs in Germany, Switzerland, England, and the USA," says project chair Janet Stead. Learn more at [www.washagorotary.ca](http://www.washagorotary.ca).

- A Music for Life Concert organized by the Rotary Club of Buxton, Derbyshire, England, raised about US\$1,870 for Rotary's challenge. About 300 people turned out to enjoy the 28-piece brass Burbage Band, the Mad Hatters Youth Choir, and the Beresford Singers. On display were five banners with the End Polio Now message, provided by District 1050 (England), and one used in a 2008 National Immunization Day in India, courtesy of Mike Yates, of the Rotary Club of New Mills, Marple & District, Derbyshire.
- An eye-opening fundraiser led by Si Burgher, of the Rotary Club of Bloomfield, Indiana, USA, garnered nearly \$1,600 for Rotary's challenge. Burgher, 72, donated his shaggy eyebrows -- popularly dubbed "Greene County's Longest Orbital Locks" -- by having them shaved off as part of the club's annual charity auction on 13 January.
- A December exhibit of more than 150 nativity scenes from around the world collected by Linda Beyea, of the Rotary Club of Ames, Iowa, USA, and her husband, helped generate support for ending polio. The collection featured works by Native American, African, Asian, European, Latin American, and other artisans in a variety of media, including pottery, wood, stained glass, and metal. The exhibit was free of charge, but donations totaled \$1,382 for Rotary's challenge.